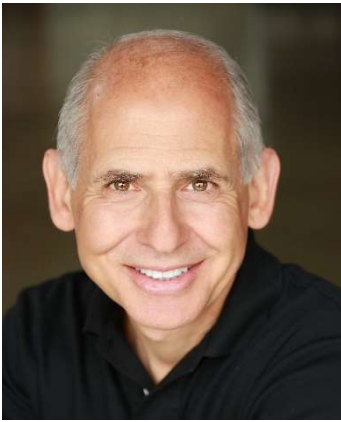


# Daniel G. Amen, M.D.



## NY Times Best Selling Author, World Renowned Psychiatrist, Brain Health Speaker

Dr. Daniel Amen believes that brain health is central to all health and success. When your brain works right, he says, you work right; and when your brain is troubled you are much more likely to have trouble in your life. His work is dedicated to helping people have better brains and better lives.

Your audience will be inspired to a healthier lifestyle while being entertained by Dr. Amen's wit, delivery and compassion.

He has written, produced, and hosted 13 national public television programs about brain health, which have aired more than 100,000 times across North America.

Dr. Amen is the author or co-author of over 80 professional articles, seven book chapters, and over 30 books, including the #1 New York Times bestseller *The Daniel Plan* and the over one million copy bestseller *Change Your Brain, Change Your Life*, along with *Healing ADD*, *Change Your Brain*, *Change Your Body*, *Memory Rescue* and *Feel Better Fast and Make it Last*.



- Double Board Certified Psychiatrist and Child Psychiatrist
- Author and Researcher
- Author of Children's Books
- CEO and Founder of Amen Clinics, which has the world's largest database of functional brain scans relating to behavior, totaling nearly 150,000 scans on patients from 120 countries
- Appeared in movies and talk shows such as Dr. Oz, Dr. Phil, The View
- Radio shows and Podcasts
- TED Talks

### PAST CLIENTS

- TACA (Talk About Curing Autism)
- IMMH (Integrative Medicine for Mental Health)
- Google
- Merrill Lynch
- AACC World Conference
- Berkshire Hathaway
- The Milton H. Erickson Foundation
- Trilogy Financial
- Bradley University
- Vanguard University
- American Bar Association

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# Daniel G. Amen, M.D.

Dr. Amen speaks to a wide variety of audiences ranging from: High School and College Students, Teachers, Corporate Professionals, Church Congregations, Medical Practitioners and the General Public.

Listed below are a few popular topics.

## Speaking Topics – Not limited to:

**BRIGHTMINDS** – Will give you the tools to help you boost brain health and increase focus, creativity and innovation and live a healthy happier, less stress life through these simple steps.

**Memory Rescue** - Memory is the fabric of our soul. It makes us who we are and allows us to keep our loved ones close, even when they are far away. When our memory is diminished or damaged, it can rob us of our ability to make good decisions (because we forget important life lessons) and causes us to become disconnected from those we love and our purpose in life.

**Change Your Brain Change Your Life** - The breakthrough program for conquering anxiety, depression, obsessiveness, lack of focus, anger and memory problems. You will learn to empower yourself with each brain system, connect with healthier, deeper relationships, Dr. Amen's secrets to eating brain healthy.

**The End of Mental Illness** - We are on the cusp of a new revolution that will change mental health care forever. The End of Mental Illness discards an outdated, stigmatizing paradigm and replaces it with a modern brain-based, whole-person program rooted in science and hope. No one is shamed for cancer or diabetes; likewise, no one should be shamed for depression and other brain health/mental health issues.

**Addiction Rescue** - Addiction steals the lives of too many people and can destroy their families. In this lecture, psychiatrist Dr. Daniel Amen will give you a new look at addictions through the lens of his neuroimaging work, and a specific plan to rescue people and families from its grip by understanding and treating the brain.

